



Social inclusion of migrant women through art, sport, civic education and group coaching

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New project on social inclusion of migrant women is being developed in the frame of the Erasmus+ Programme of the European Commission

BIDA e.V. Kultur und Bildung (Germany) launched the European-funded Erasmus+ Strategic Partnership in the adult education sector "Social inclusion of migrant women through art, sport, civic education and group coaching" (4women). Bringing together a partnership of 5 organisations from France, Germany, Italy and Spain, 4women will focus on the partners' practices that using the civics, art and sport, and especially the benefits of self-defence trainings and group coaching, could help to the integration and inclusion of women with migrant backgrounds and therefore to the community cohesion.

4women partners have identified that, in the EU, migrant women face challenges and barriers as both migrants and women, namely, a double disadvantage. Despite having tertiary education similar to that of native-born women and migrant men, migrant women face additional obstacles in labour integration process, such as discrimination, lack of networking, mismatching job needs and qualifications, family-related commitments.

In order to improve their labour market integration, migrant women need support and guidance through their integration process, more information on their rights and obligations in the host society, empowerment and access to training, so as to be able to take full advantage of their skills.

In this context the current project aims to apply a comprehensive approach providing networking opportunities, practical and transversal skills, assisting and facilitating the migrant women integration path into the EU societies through civics, art and sport coaching schemes, that could be an answer to the challenges they encounter.

4women will create innovative tools, which will act as an intervention program for migrant women and other groups in disadvantaged situation and could be used by adult education providers across the EU. At the end of the program, migrant women will be empowered with new tools to better apply their knowledge, skills and capabilities.

The activities of 4women project will support innovation in the adult education field by creating, piloting and disseminating a Training Programme "Art, Civics, Sport & Coaching for Migrant Women's Inclusion" in 5 languages, tailored to the needs and realities of migrant women and their communities.

At long-term will be achieved improved independence, self-esteem and self-confidence of the migrant women through empowerment sessions and civic engagement; better relationship between migrant women and the host EU societies; promotion of new tools in the adult education field for social inclusion of vulnerable learners; transfer of knowledge and best practices between adult education providers in the partner countries and the rest of the EU, thanks to the planned 4women follow-up activities.

The consortium of the project involves the following partners:

- BIDA e.V.Kultur und Bildung (Germany), Coordinator
- Club Deportivo de Judo Finisterre Laguna de Duero (Spain)
- IL FILO D ARIANNA (Italy)
- Le Diwan des Mille et Un Mondes (France)
- European Integration and Training Centre ALPHA (Spain)



Partner's contact details



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