



Social inclusion of migrant women through art, sport, civic education and group coaching

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4Women's partners last meeting organized by ALPHA Centre & Judo Finisterre in Valladolid (Spain)

From 25th to 27th of August, ALPHA Centre & Judo Finisterre organized a Team Meeting with its partners, 5 organizations from France, Germany, Italy and Spain. It was the last meeting of 4women projects.

The aim was to exchange information about each partner's experience of dissemination after the Joint Staff Training in Berlin where they shared tools to contribute to the integration and inclusion of women with migrant backgrounds.

During this very friendly meeting in Laguna de Duero (Valladolid), 4women's partner organizations had the opportunity to describe how they could provide their workshops back in their countries or abroad and which challenges they encountered.

4women partners documented in which way they practiced with these innovative tools in their target groups of migrant women. Therefore they collected pictures, videos, evaluations of participants for each of these moments they organized.

Each partner also created a list of resources organizations in their area concerned by migrant women.

This meeting was a great opportunity to have an open discussion with the participants of the 5 teams, to answer questions regarding the 4women project, European programs for youth and future activities we could build.



The partners also celebrated the end of this amazing experience by spending good time together, discovering Spanish gastronomy, and the Valladolid area.



The last activity, before deserving the final barbecue, was a physical training in the boxing club of Laguna de Duero.

Everyone enjoyed and actively took part in this challenge providing a complete final program with activities of various fields.

The consortium of the project involves the following partners:

- BIDA e.V.Kultur und Bildung (Germany), Coordinator
- Club Deportivo de Judo Finisterre Laguna de Duero (Spain)
- IL FILO D ARIANNA (Italy)
- Le Diwan des Mille et Un Mondes (France)
- European Integration and Training Centre ALPHA (Spain)



Partner's contact de



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