



Pilot workshops report

Date of the report: 11/07/2022
Date of the workshop: 28/05/2022
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1. Implementation (summary), including previous dissemination, place, timing, materials, resources, etc.

We organised a relational clowning workshop in the activity room of Les 1000 et 1 Mondes. We framed it up to 8 participants mainly focusing on women. We decided to mix women with migrant backgrounds (trying to have most of them in the group) with local women in need of support for different reasons. We contacted our organisation’s network inside the city of Poitiers. They know about our commitment in 4women project from the beginning. We sent digital flyers and information through our Facebook page and Instagram and through the page of Poitiers City Activities. We selected 3 hours on a Saturday afternoon to have time to explain 4women project and exchange all along the workshop. We had a moment of relaxation and free dancing. We followed with forum theater warm up and games (BIDA tools). We suggested individual short improvisations with the red nose with music and without words. In the end of each passage, we asked each participant to give feedback and express about the emotions coming during the show.

2. Participants (profile, number, gender)

34 women: 27 with migrant background, 3 just retired, 4 involved in a migrants’ support NGO.

3. Evaluation

You can summarise the results of the collected feedback from the participants from this or your own evaluation questionnaire:

1. General organization and facilities of the workshop.
Average score: 5 out of 5
2. Material that was provided during the workshop.
Average score: 5 out of 5
3. The trainers were well prepared, and the content of the presentations was of high quality.
Average score: 5 out of 5



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4. The topics on the agenda/programme were adequately covered.
Average score: 5 out of 5
5. There was room for further discussion on specific issues.
Average score: 5 out of 5
6. The duration of the workshop was sufficient.
Average score: 4 out of 5
7. What aspects of the workshop did you like the most?
Being able to act in front of an audience supported by music and hidden by the red nose.
8. What aspects of the workshop could be further improved?
Not to be one or two shots workshop, but propose regularity (1 per month).
9. General comments / Suggestions:

Some of the participants didn't find relevant to sign the participants list. They didn't like the idea to be identified and preferred to be anonymous.

Annexes to be provided:

- Annex 1. Photos of the workshop
- Annex 2. Assistance list

