



# Pilot workshops report

Date of the report: 31/05/2022  
Date of the workshops: 19/03/2022 - 23/04/2022  
Prepared by: Il filo d'Arianna- Cultural Association - Italy

1. Implementation (summary), including previous dissemination, place, time, materials, resources, etc.

The pilot workshops were disseminated through the social media Il filo d'Arianna to the target groups of the 4women project. The invitation was sent news letter using the Association's mailing list. In addition, associations run by migrant women were involved and disseminated the invitation. The pilot tests were carried out with migrant women from European and non-European countries.

The workshops took place on 19/03/2022 at the Casa of Culture in Modena and on 23/04/2022 at the Il filo d'Arianna Association in Valsamoggia (Bo). The duration was 4 hours each workshop.

The trainers who implemented the pilots were the participants in the 4women JST, celebrated in Berlin, Germany.

The methodology explained in each training unit was applied, selecting 1 activity per unit to be tested with the local participants.

For the activity foreseen in the "Group Coaching" module, the following were used: video projector for power point projection, WIFI connection as well as workbook and post-it notes provided to the participants.

## **1. Participants (profile, number, gender)**

Total of 38 people participated in the pilots, from which 30 were women, who signed the assistance list, so to complete with the project requirement.

All beneficiaries were people from the province - city of Bologna and Modena.

Disadvantaged women as immigrants with no qualifications and unemployed, victims of violence, gender and single mothers followed the workshops. In addition, girls immigration with educational qualifications and excellent command of the Italian language were also involved, but who had been unemployed for a long time, who needed to develop their social and communication skills and their self-confidence.

## **2. Evaluation**

The results of the collected feedback from the participants from the evaluation survey could be summarized, as follows:

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1. **General organization and facilities of the workshop.**  
Average score: 5 out of 5
2. **Material that was provided during the workshop.**  
Average score: 5 out of 5
3. **The trainers were well prepared, and the content of the presentations was of high quality.**  
Average score: 4,9 out of 5
4. **The topics on the agenda/programme were adequately covered.**  
Average score: 5 out of 5
5. **There was room for further discussion on specific issues.**  
Average score: 4,7 out of 5
6. **The duration of the workshop was sufficient.**  
Average score: 4,5 out of 5
7. **What aspects of the workshop did you like the most?**  
People enjoyed the atmosphere of being in a protected space, the alliance that was created and the support that the group provided to each participant. The comments that emerged: the various activities carried out provided new tools and new stimuli to the beneficiaries.
8. **What aspects of the workshop could be further improved?**  
Participants requested the continuation of similar activities / workshops and more time to implement all the activities foreseen in each of the training units
9. **General comments / Suggestions:**  
N/A

## Annexes to be provided:

- Annex 1. Photos of the workshop
- Annex 4. Assistance list

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